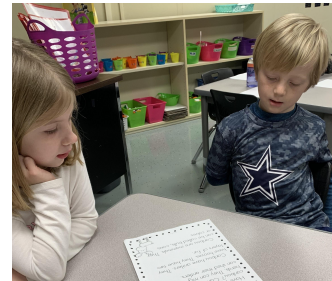


**UPCOMING  
IMPORTANT DATES**

- February 7:  
Yearbook Sale Ends  
[Online Yearbook Order Form](#)
- February 11:  
PTO meeting at 6
- February 13:  
Valentine Parties (PreK)
- February 14:  
Valentine Parties (K-4)
- February 17:  
No School
- February 20:  
Parent-teacher Conferences
- February 28:  
All Pro Dads

Dear Souders Families and Friends:

Having taught language arts at the middle school, I can attest to the fact that writing is difficult. Our teachers do a great job teaching writing; it has been a focus the last 3 year. Below, our first graders are working on informational writing. Each class is learning about a specific habitat and small groups of students are researching different animals that live in that habitat. The students are learning about their animal by reading books, watching videos, researching online, and reading articles. The students will use this information to write non-fiction books about their animal!



**Girls on the Run**

Attention parents/guardians of 3rd and 4th grade girls: Girls on the Run will be held at Souders from March 2 - May 13. We will meet Mondays and Wednesdays from 3:45-5:00. The program is limited to 15 girls. Program lottery application will be open from January 23-30. To apply or get more info go to:



[Girls on the Run Application and Information](#)

**Quote of the Week:**

“Our children need to be bored. They need to be sent outside or to their rooms to play. They need to turn over the bag of tricks and find it empty. Because that's when they discover they don't need stuff to fill their time.”

Kristen Welch in *Raising Grateful Kids in an Entitled World*

Our Valentine parties are less than a month away. Have you completed a background check? Have questions? Here is more information...

[Volunteer Information](#)

Please do **not** send glass containers or bottles in your child's lunch. Thank you.

**IS IT A COLD OR FLU?**

SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

#FIGHT FLU